

## Seminole County Adult Drug Court Program (Defendant Consent)

### Program Acceptance

Your case has been referred to and legally approved for the Adult Drug Court. Drug Court participants are required to sign a contract in court. This contract is an agreement between you and the Judge, who also signs the document. It explains what is expected of you and the consequences of noncompliance. The contract is written specifically for you based on your current charge(s) and your prior criminal history. Before you sign your contract, you will have an opportunity to review it with your Defense Attorney and have any questions answered.

### Orientation

On the day you sign the program contract, you will meet with program staff (Drug Court Case Manager and Probation Officer) to receive further instructions. You will be provided with a New Participant Handbook, which will provide overall information, answer general questions, and inform you of the rules and regulations of the program. As a participant, you will be required to follow the instructions contained in the handbook as well as the orders provided to you by the Court. It is your responsibility to read and understand the handbook. Orientation for the program takes place immediately after the contract signing in court. **The orientation session lasts for 15-20 minutes.**

### Drug Testing

Throughout your enrollment in the program, you will be tested for **Cannabinoids (THC), Cocaine, Amphetamines, Opiates, Alcohol, Barbiturates, Benzodiazepines, Specific Gravity, Creatinine, and adulterants.**

All Drug Court participants are required to call the **Drug Court Drug Testing Hotline** Monday through Friday to determine if your assigned number has been called. Your assigned number is the **last digit of your Social Security Number**, and if it is called, you must report between the hours listed on the hotline's voicemail (testing hours are 8AM-10AM and 4PM-5:15PM). The drug testing location is Aspire Health Partners at 237 Fernwood Boulevard, Fern Park. During your first 30 days in the program, you will undergo mandatory drug testing on Mondays and Fridays. Participants must disclose all over-the-counter medications and supplements to the Drug Court Team prior to taking the medications. You may not use prescription drugs without a valid prescription and disclosure to the Drug Court Team prior to taking the medications except in cases of emergency where disclosure may take place the next workday after using the prescription. Participants must understand that use of a controlled prescription drug may delay their advancement in or completion of the Drug Court program, whether or not that drug was validly prescribed.

Adult Drug Court Approved/Unapproved Medication List:

### **APPROVED**

<b>Medication Class</b>	<b>Indication</b>	<b>Example</b>
Expectorant	Cough/ congestion	Mucinex
Anti-hypertensive	High Blood pressure	HCTZ, Lisinopril, Lopressor, Diuretics

Anti-depressants	Depression	Zoloft, Prozac, Effexor, Cymbalta
Anti-Psychotics	Psychosis/ mood stabilizer	Seroquel, Risperdal, Abilify
Antibiotics/antifungals/antivirals	Infection	Penicillin, Keflex, Rocephin, Nystatin, Fluconazole, Miconazole, Acyclovir, Valtrex
Anti-Diabetic	Diabetes	Glyburide, Metformin, Insulin
PPI/ H2 antagonist	Acid Reflux	Protonix, Prilosec, Cimetidine
H1 Antagonist	Allergies	Loratadine, Cetirizine
Antilipemic	High cholesterol	Niacin, Pravastatin, Zocor, etc.
Pain Management	HA, Body aches, Back/neck/knee pain	Ibuprofen, Tylenol or Naprosyn
Anti-Parkinson's/dopamine agonist	Restless leg syndrome	Mirapex, Pramipexole
Bronchodilators	Asthma/ COPD/ Bronchitis	Albuterol/ Pro air/ Ventolin

#### UNAPPROVED

Medication Class	Indication	Example
Cough or Cold Medications as well as anything containing dextromethorphan or pseudoephedrine	Sinus congestion, cough, etc.	Robitussin, Nyquil, Vicks Formula 44, and Coricidin HBP Cough and Cold drops or Syrups, Chlor-Trimeton
Central Nervous System Depressants	“anxiety” and insomnia	Xanax, Valium, Ativan, Ambien, Sonata, Lunesta, Mebaral, Seconal, and Nembutal
Barbiturates and Benzodiazepines	Seizures	Phenobarbital, Fiorcet
Opioids	Pain	Ultram, Tramadol, Percocet, Lortab, Percocet, Roxicodone, Oxycodone, OxyContin, Hydrocodone, Avinza, Kadian, MS Contin, Oramorph, and Roxanol
Stimulants	ADD/ADHD/ narcolepsy	Adderall, Vyvanse, Concerta, Ritalin, Dexedrine
OTC products containing Ephedrine, bitter orange, and	Diet or weight loss	Stacker, Alli, Lipodrene, etc.

phenylpropanolamine, poppy seeds		
Muscle relaxants	Muscle relaxation	Carsioprodol, Cyclobenzaprine, Methocarbamol, Inzanidine

### Court Appearances

You will be required to appear in front of the Judge on a regular basis (every two weeks). The Judge will be given progress reports regarding your drug tests, attendance, and participation in your treatment program. The Judge will ask you about your progress, and discuss any issues you may have in the program. If you break the rules of the court, you may be subjected to sanctions, which may include but not limited to verbal warnings, community service, a heartfelt letter of apology, phase demotion, additional NA/AA meetings, jail time or termination from the program. For those doing exceptional work in the program, they will receive incentives: Incentives for progress may include: fish-bowl drawings, decrease court appearances and certificates of completion.

### Substance Abuse Treatment

You must attend scheduled group therapy sessions. In the program, you will be assigned to a certified **Substance Abuse Treatment Counselor** from Aspire Health Partners. Aspire Health Partners is located at 237 Fernwood Boulevard, Fern Park, FL 32730. After signing into the program, you will be responsible to complete the following:

1. Go to Aspire Health Partners at The Access Center located at 919 East Second Street, Sanford, FL 32771 for a **one-time** behavioral health screening and assessment. Please go to the center (on either the Friday or Monday after enrolling into the program) between 8:00 AM-12:00 PM to complete the initial assessment. It is advised to arrive early. Intake personnel will complete your initial evaluation and sign off verifying that you completed your intake.
2. Once the initial assessment is completed, your assigned counselor will contact you to schedule your first session where you will complete your initial treatment plan together. Please bring the signed copy of your assessment letter to your first appointment with your treatment counselor. Group, individual sessions, and drug testing are all located at 237 Fernwood Blvd. Fern Park, FL location.

### Program Phases

All Adult Drug Court participants must complete substance abuse treatment that will be delivered in the following four Drug Court Program phases (including the Aftercare phase). (The length of program phases will vary depending on individual progress. The below guidelines are the minimum requirements)

#### **Phase 1: Stabilization Phase lasts a minimum of 1 month:**

- ❖ Mandatory drug testing on Mondays and Fridays with random urinalysis on all other days
- ❖ Attend 3 group therapy sessions per week
- ❖ Attend 1 monthly individual session with assigned Substance Abuse Treatment Counselor
- ❖ Attend court sessions bi-weekly
- ❖ Maintain court-approved housing
- ❖ Attend 1 monthly office meeting with Probation Officer
- ❖ Indicate an initial understanding of substance abuse treatment

- ❖ Enroll and attend 4 self-help or NA/AA programs per week (NA=Narcotics Anonymous, AA=Alcoholics Anonymous)
- ❖ 20 consecutive clean urine days needed before consideration for promotion to the next phase

**Phase 2: Intensive Treatment usually lasts a minimum of 3 months:**

- ❖ Weekly random urinalysis
- ❖ Attend 2 group therapy sessions per week
- ❖ Attend 1 monthly individual session with assigned Substance Abuse Treatment Counselor
- ❖ Attend court sessions bi-weekly
- ❖ Locate/maintain court-approved employment, training and/or education
- ❖ Maintain court-approved housing
- ❖ Begin paying towards program fees
- ❖ Attend 1 monthly office meeting with Probation Officer
- ❖ Indicate an appropriate understanding of recovery principles
- ❖ Enroll and attend a 3 self-help or NA/AA programs per week (NA=Narcotics Anonymous, AA=Alcoholics Anonymous)
- ❖ 45 consecutive clean urine days needed before consideration for promotion to the next phase

**Phase 3: Relapse Prevention usually lasts a minimum of 6 months:**

- ❖ Weekly random urinalysis
- ❖ Attend 1 group therapy sessions per week
- ❖ Attend 1 monthly individual session with assigned Substance Abuse Treatment Counselor
- ❖ Attend 1 court session per month
- ❖ Maintain court-approved employment, training and/or education
- ❖ Maintain court-approved housing
- ❖ Complete payment of program fees in full
- ❖ Attend 1 monthly office meeting with Probation Officer
- ❖ Indicate an appropriate understanding of a recovery lifestyle
- ❖ Attend a 3 self-help or NA/AA programs per week (NA=Narcotics Anonymous, AA=Alcoholics Anonymous)
- ❖ 120 consecutive clean urine days needed before consideration for promotion to the next phase

**Phase 4: Community Transition period usually lasts a minimum of 2 months:**

- ❖ Weekly random urinalysis
- ❖ Attend 1 group therapy sessions per **month**
- ❖ Attend 1 monthly individual session with assigned Substance Abuse Treatment Counselor
- ❖ Attend 1 court session per month
- ❖ Maintain court-approved employment, training and/or education
- ❖ Maintain court-approved housing
- ❖ Attend 1 monthly office meeting with Probation Officer
- ❖ Indicate an appropriate understanding of community transition
- ❖ Attend 2 self-help or NA/AA programs per week (NA=Narcotics Anonymous, AA=Alcoholics Anonymous)
- ❖ Continue clean urine days until graduation

**Aftercare:** Continue with the below program requirements until next scheduled graduation ceremony:

- ❖ Random urinalysis/testing with Florida/United Safety Council or Probation office
- ❖ Attend 1 court session per month (if Aftercare is longer than one month)
- ❖ Maintain court-approved employment, training and/or education
- ❖ Maintain court-approved housing
- ❖ Attend 1 monthly office meeting with Probation Officer (if Aftercare is longer than one month)
- ❖ Continue clean urine days until next scheduled graduation ceremony

### Group and Individual therapy sessions

The current group therapy session schedule is as follows:

Group Name	Day of the Week	Group Time (AM)	Group Time (PM)
Thinking for Change	Tuesdays	10:30 AM – 12:00 PM	6:00 PM – 7:30 PM
Thinking for Change	Wednesdays		6:00 PM – 7:30 PM
Process Group/Relapse Prevention Group	Wednesdays	10:30 AM – 12:00 PM	
Life Skills Group	Fridays	11:00 AM – 12:30 PM	

Phase 1 Group Requirements: Clients attend three (3) Groups per week. One (1) Thinking for Change Group on Tuesdays (AM or PM) or Wednesdays (PM), one (1) Process Group on Wednesdays (AM) and one Life Skills Group on Fridays, (AM).

Phase 2 Group Requirements: Clients attend two (2) Groups per week. One (1) Thinking for Change Group on Tuesdays (AM or PM) or Wednesdays (PM) and One (1) Process Group on Wednesdays (AM).

Phase 3 Group Requirements: Clients attend One (1) Group per week. One (1) Thinking for Change Group on Tuesdays (AM or PM) or Wednesdays (PM).

Phase 4 Group Requirements: Clients attend One (1) Group per month.

### Program Fees

The Drug Court program is not free. The **minimum cost is \$1000**, in addition to the cost of prosecution, restitution, victim repayment, etc. Per the program contract, you have agreed to continuously pay a portion of the costs of assessment, treatment, education, vocational training, and Drug Court program monitoring based upon the ability to pay such costs. Such payments will be made to the Department of Corrections website, cashier's checks or money orders mailed to the Department of Corrections via Jpay online or utilizing the website, cashier's checks or money orders mailed to Jpay. The Probation Officer will provide you with specific payment information during your initial meeting. Clients who opt out of the program will be required to pay the program fee as a condition of any later resolution.

### Graduation

The program consists of four phases (**12 months minimum**) of which when fully completed the felony charge(s) or Violation of Probation will be dismissed during the court hearing before the assigned Drug Court Judge. Graduation typically takes place twelve (12) to eighteen (18) months after entering the program and a participant must have a minimum of 120 consecutive clean days accumulated between phases 3 and phase 4 in order to be considered for graduation. Participants are recommended for graduation when they have met all Program requirements. The Drug Court team must agree that the participant has successfully integrated information and behaviors to support long-term recovery.

Program Contact Information

If you have any other questions, please do not hesitate to contact the Drug Court Program Office:

<p>Anthony A. Warren, Program Manager Nicole McMillan, Program Specialist Caitlin Schubiger, Case Manager Josef Poole, Case Manager</p>	<p>Criminal Justice Center Court Administration, Third Floor 101 Eslinger Way Sanford, FL 32773</p> <p>Phone: (407) 665-6016 Fax: (407) 665-4932</p> <p>Anthony.Warren@flcourts18.org Nicole.McMillan@flcourts18.org Caitlin.Schubiger@flcourts18.org Josef.Poole@flcourts18.org</p>
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